

# Health Awareness Days 2024

National Department of Health

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## JANUARY

**Sunsmart Skin Cancer Awareness Month (1 December to 31 January)**

- 4 World Braille Day
- 28 World Leprosy Day

## FEBRUARY

**Healthy Lifestyle Awareness Month / Reproductive Health Month**

- 4 World Cancer Day
- 6-10 Pregnancy Awareness Week
- 6-10 STIs / Condom Week
- 12 International Epilepsy Day
- 13-20 National Epilepsy Week
- 15 Healthy Lifestyle Awareness Day
- 6 -20 Mar Human papillomavirus (HPV) vaccination first round

## MARCH

**TB Awareness Month**

- 3 World Hearing Day
- 3 World Birth Defects Day
- 4 World Obesity Day
- 8 International Women's Day
- 10-16 World Glaucoma Week
- 12 World Glaucoma Day
- 14 World Kidney Day
- 20 World Head Injury Awareness Day
- 21 Human Rights Day
- 21 World Down Syndrome Day
- 24 World TB Day

## APRIL

**Health Awareness Month**

- 2 World Autism Awareness Day
- 7 World Health Day
- 17 World Haemophilia Day
- 24-30 African Vaccination Week
- 25 World Malaria Day

## MAY

**Anti-Tobacco Campaign Month/Burns Awareness Month, International Multiple Sclerosis Month**

- 5-11 Hospice Week
- 5 World Hand Hygiene Day
- 5 International Midwives Day
- 8 World Red Cross Day
- 10 Global Move for Health Day
- 12 International Awareness Day for Chronic Immunological and Neurological Diseases
- 12 International Nurses Day
- 13-17 National Burns Awareness Week
- 15-15 June Go Torquise for the Eldery Campaign
- 17 World Hypertension Day
- 28 International Day of Action for Women's Health
- 26-2 June Child Protection Week
- 31 World No Tobacco Day

## JUNE

**Men's Health / National Blood Donor / National Youth Month / Go Torquise for the Eldery / Campaign**

- 1 International Children's Day
- 2 National Cancer Survivors Day
- 5 World Environment Day
- 7 World Food Safety Day
- 5-11 World Heart Rhythm Week
- 14 World Blood Donor Day
- 15 World Elder Abuse Awareness Day
- 16 Youth Day
- 24-30 SANCA Drug Awareness Week
- 25 World Vitiligo Day
- 26 International Day Against Drug Abuse and Illicit Drug Trafficking

## JULY

**Mental Illness Awareness Month**

- 1-5 Corporate Wellness Week
- 11 World Population Day
- 18 Nelson Mandela International Day
- 28 World Hepatitis Day

## AUGUST

**Bone Marrow Stem Cell Donation and Leukaemia / Awareness Month (15 August to 15 October)  
National Women's Month / Organ Donor Month / Child Health Month**

- 1-7 World Breastfeeding Week
- 1-7 Rheumatic Fever and Rheumatic Heart Disease Awareness Week
- 9 National Women's Day
- 12 International Youth Day
- 26-31 African Traditional Medicine Week
- 31 African Traditional Medicine Day

## SEPTEMBER

**Albinism Awareness Month / Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October) / Cervical Cancer Awareness Month  
Childhood Cancer Awareness Month / Eye Care Awareness Month (20 September to 17 October)  
Muscular Dystrophy Awareness Month / Heart Awareness Month / National Month of Deaf People  
National Oral Health Month / Pharmacy Month**

- 2-6 National Kidney Awareness Week
- 9 International Foetal Alcohol Syndrome Day
- 10 International Gynaecological Health Day
- 14 National Attention Deficit Hyperactivity Disorder Day
- 17 World Patient Safety Day
- 18-24 World Retina Week
- 20 World Sunflower Day
- 21 World Alzheimer's Day
- 25 World Pharmacist Day
- 26 World Environmental Health Day
- 26 World Contraception Day
- 28 World Rabies Day
- 28 World Retina Day
- 29 World Heart Day

## OCTOBER

**Attention Deficit Hyperactivity Disorder Month / Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October) / Eye Care Awareness Month (21 September to 18 October)  
Breast Cancer Awareness Month / Mental Health Awareness Month**

- 1-15 Nov Human papillomavirus (HPV) vaccination second round
- 1 International Day of Older Persons
- 7-11 School Health Week
- 8-14 National Case Management Week
- 9-15 National Nutrition Week
- 10 World Mental Health Day
- 12 World Arthritis Day
- 12 World Sight Day
- 12-20 World Bone and Joint Week
- 12 World Hospice and Palliative Care Day
- 13 International Day for Natural Disaster Reduction
- 15 Global Handwashing Day
- 16 World Food Day
- 16 World Spine Day
- 16 World Restart A Heart Day
- 7-11 School Health Week
- 17 World Trauma Day
- 17 International Day for the Eradication of Poverty
- 17 National Emergency Medical Services Day
- 20 National Down Syndrome Day
- 20 World Osteoporosis Day
- 21 Global Iodine Deficiency Disorders Prevention Day
- 24 World Polio Day
- 20-26 International Lead Poisoning Prevention Week
- 28-3 Nov National Stroke Week
- 29 World Stroke Day
- 30 Africa Food and Nutrition Security Day

## NOVEMBER

**Quality Month / Red Ribbon Month**

- 2 National Children's Day
- 6 SADC Malaria Day
- 8 World Radiography Day
- 13-15 Rotary Family Health Day Campaign Campaign
- 14 World Quality Day
- 14 World Diabetes Day
- 18-24 World Antimicrobial Awareness Week
- 17 World Prematurity Day
- 18-24 World Antimicrobial Awareness Week
- 25 International Day for the Elimination of Violence against Women
- 25 to 10 Dec 16 Days of Activism for No Violence Against Women and Children

## DECEMBER

**Prevention of Injuries Month / Sunsmart Skin Cancer Awareness Month (1 December - 31 January)**

- 1 World AIDS Day
- 3 International Day of Persons with Disabilities
- 5 International Volunteer Day
- 10 International Human Rights Day
- 12 Universal Health Coverage Day



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