



## Lifomu Lekuvuma Umjovo we-Human Papillomavirus (HPV)

Litiko Letemphilo libambisene neLitiko Letemfundvo nalabaye balingani litawungenisa luhlelo lwemjovo we-Human Papillomavirus (HPV) etikolweni njengencenye yeLuhlelo Lwetemphilo Loluhlanganisiwe, pheceleti i-Intergrated Schools Health Programme (ISHP). Umjovo we-HPV ucondze kunciphisa emafuba ekuvela kwemhlata wesibeletfo eveni. Umhlata wesibeletfo ngulolunye luhlobo lwemhlata loluvame kakhulu kubantfu besifazane futsi bantfu besifazane labaningi babulawa ngiwo lomhlata. I-HPV, letsatselwana ngekuya ecansini, yimbangela lehamba embili yemhlata wesibeletfo. Kungenwa yi-HPV kungavikelwa nangabe emantfombatane lasemancane atfola umjovo we-HPV asemancane, lokutawunciphisa emafuba awo ekutsi atfole umhlata wesibeletfo ngekuhamba kwesikhatsi.

Lomjovo we-HPV uniketwa onkhe emantfombatane lasebangeni le-4 laneminyaka leyimfica nalengetulu. Lomjovo we-HPV uniketwa ngekujoviwa emahlandla lamabili, kwekucala utawuniketwa ngeNdlovulenkhulu/Mabasa bese kujova kwesibili kuniketwa ngeNyoni/Imphala, lokutinyanga leti-6 ngemuva kwekujova kwekucala. Umuntfu **uyatikhetsela** kungenela luhlelo lwekujovela i-HPV futsi nekugcineka kuyimfihlo kwemntfwanakho kutawucinisekiswa. Batali/banakekeli bawo onkhe emantfombatane lafundza Libanga 4 batawudzingeka kutsi basayine lelifomu lekuvuma. Kuphindze kube nelwatiso lolungetiwe ngeluhlelo lwekujovela i-HPV nawugucula leliphapha. Tsintsa umphatsi sikolwa noma umtfolamphilo wenzawo yakho nangabe udzinge lolunye lwatiso.

**Uyacelwa ucaphele** kutsi umjovo we-HPV **angeke** uniketwe emantfombatane langaphasi kweminyaka le-9, noma lasandza kugula kakhulu noma lagula kakhulu ngelilanga lekujova. Umjovo we-HPV futsi ngeke uniketwe emantfombatane lakhulelwe noma lase ake atfola umjovo we-HPV.

**Sicela ugcalise** bese usayina lelifomu lekuvuma lelingentasi, unikete lonkhe lwatiso ngemphilo yemntfwanakho ngemuva kwalelifomu bese ulibuyisela esikolweni.

\***Kuvuma** kusho kunika umntfwana wakho imvume yekungenela loluhlelo.

\*\***Emantfombatana laneminyaka le-12 nangetulu angavuma ngekusayina lapha**

Dzabula lapha

**Siliphu Sekuphendvula semjovo we-HPV:**

**Uyacelwa ugcalise omabili emakhasi alesigaba bese ubuyisela esikolweni**

Ligama lemfundzi: \_\_\_\_\_ Sibongo: \_\_\_\_\_

Inombolo Yematisi yemfundzi : \_\_\_\_\_ Lusuku lwekutsalwa: \_\_\_\_\_

Ligama Lesikolwa: \_\_\_\_\_ Libanga: \_\_\_\_\_

Mine \_\_\_\_\_ **nginiketa imvume/anginiketi imvume** kutsi umntfwanami  
*(Ligama nesibongo kwemtali/umnakekeli)* *(cisha longakufuni)*

\_\_\_\_\_ kutsi atfole imijovo lemibili yemjovo we-HPV.

*(Ligama nesibongo kwemntfwana)*

**Ngiyacondza kutsi kungenela luhlelo lwekujovela i-HPV yintfo latikhetselako umuntfu.**

Kusayina kwemtali/Umnakekeli

Emantfombatana laneminyaka le-12 nangetulu angavuma ngekusayina lapha

Lusuku: \_\_\_\_\_

Inombolo Yeselula: \_\_\_\_\_

# Lamanye emaciniso ngemjovo we-HPV

1. Lomjovo uphephile futsi unebungoti lobuncane kakhulu entfombat aneni.
2. Lomjovo utawuniketwa njengemjovo linesi.
3. Lomjovo uniketwa ngenhla emkhonweni.
4. Umntfwana utawuva kuhlaba kwenyalitsi.
5. Ngemuva kwekujova umkhono ungahle ube buhlungu kancane uphin dze ubebovu.
6. Ungagcobisi lutfo kulomkhono khona ungatongenwa ngemagciwane.
7. Kunematfuba lamancane ekutsi ushishe, uphatfwe yinhloko, uphat fwe siyeti nome utive ngatsi ushona phasi.
8. Nangabe letinye taletinkinga tichubekela embili, yani emtfolamphilo losedvutane nawe nome esibhedlela uphatse likhadi lakho lekujovela i-HPV.
9. Ungaphindze ubike lesehlakalo kumphatsi wesikolwa sakho nome thishela weliklasi lakho masinyane nawubuyela esikolweni.
10. Lonkhe lwatiso loluniketive lutawugcinwa luyimfihlo.

Dzabula lapha

Uyacelwa uphindze ugcwalise lesigaba

## Umlandvo Wetekwelashwa

Phendvula “Yebo” noma “Cha”  
ngekufaka X e b h o k i s i n i  
n g e n t a s i

Esikhatsini lesendlulile, indvodzakati yakho ike yakhombisa tim-phawu letitsite yini nayijove umjovo lotsite nome yaba netinkinga

Yebo

Cha

Nangabe yebo kwentekani:

Ngabe indvodzakati yakho inenkinga yekopha sikhatsi lesidze?  
(Lokusho kutsi nakasikeka kutsatsa sikhatsi lesidze kutsi kukhawule kopha)

Yebo

Cha

Nangabe yebo sicela uchaze: