

Sisonke Mom

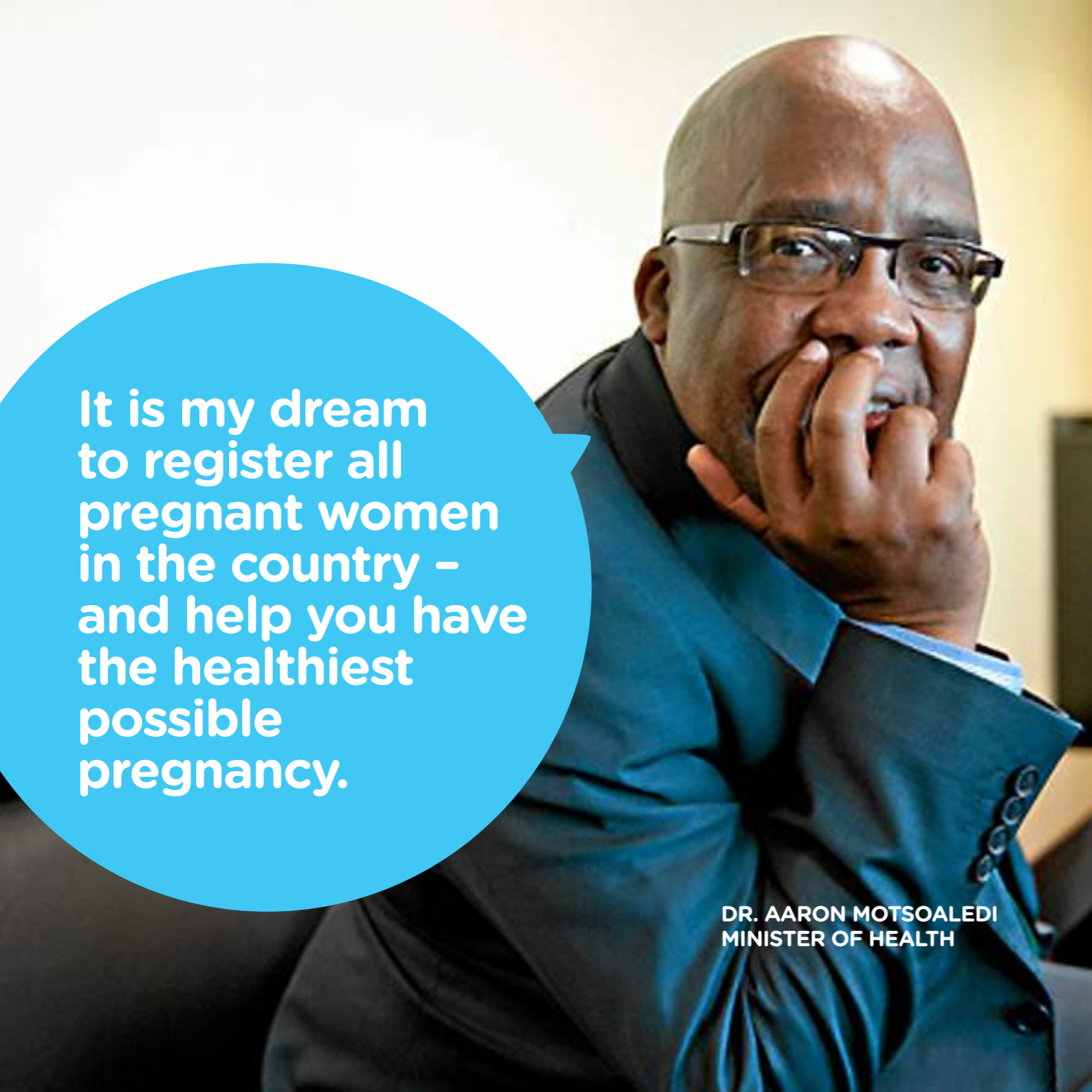
Pregnant?
momconnect
is here to help!

You'll get weekly messages to help with your pregnancy, and answers to all your questions. Join our community - it's completely free and we're here to support you.



health

Department
Health
REPUBLIC OF SOUTH AFRICA

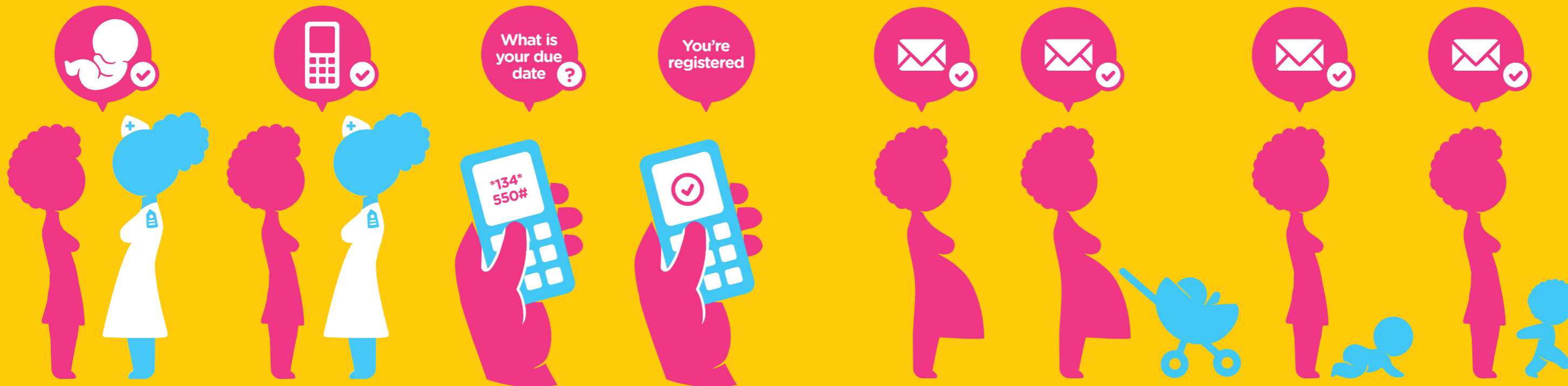


It is my dream to register all pregnant women in the country – and help you have the healthiest possible pregnancy.

DR. AARON MOTSOLEDI
MINISTER OF HEALTH



health
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REPUBLIC OF SOUTH AFRICA



**What is
MomConnect?**

MomConnect is a National Department of Health initiative. It uses mobile technology to register all pregnancies across South Africa.



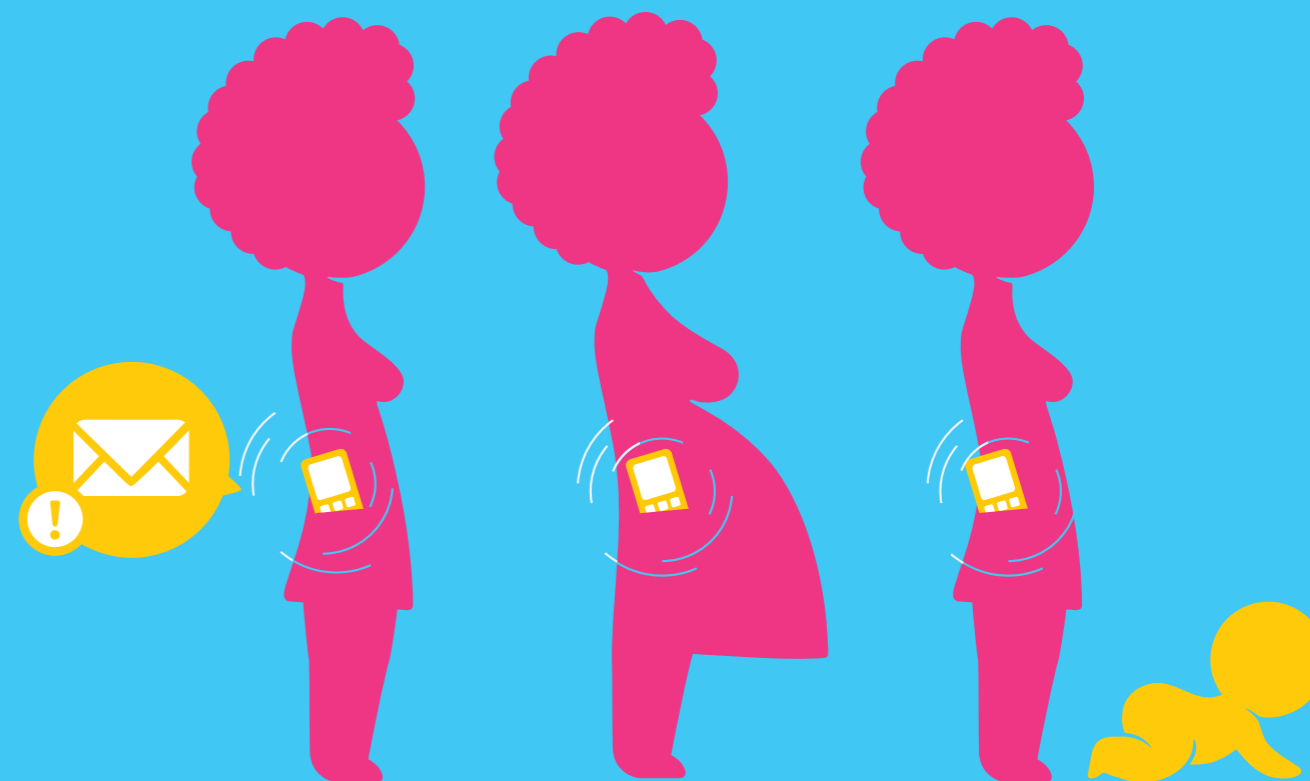
But what
does it
give me?

Be part of the family –
we're here to help you
every step of the way.
It's simple, free and can
work on any phone.



But what
does it
give me?

You'll get weekly SMS
messages to help you
during your pregnancy
and until baby turns 1.



But what
does it
give me?

Get answers to your
baby and pregnancy
questions with
MomConnect's life
guides by dialling
***134*550#**



But what
does it
give me?

Your voice will
be heard. You can
tell us about the
level of service you
received at any
government facility by
dialing *134*550*4#.



What will the
MomConnect
messages say?

The SMS messages we send will tell you about where you are in your pregnancy and give you updates on how your baby is growing.

Your baby's movements will get stronger and more regular. Your baby won't move all the time. Like you, sometimes he'll just want to rest and sleep.

What will the
MomConnect
messages say?

The SMS messages will help you with ways to improve your health and your baby's.

HIV+? You are not alone. Lots of pregnant women have it. You can still have a healthy baby. Tell someone you trust or call the helpline on 0800 012 322

What will the MomConnect messages say?

The messages will include important info about your clinic visits, tests and the medicines you'll need during your pregnancy and until baby turns 1.

Your clinic visit is due soon. Get your blood pressure checked. It can be dangerous if it is high you could have a fit, so it is wise to keep an eye on it.

How do I join
MomConnect?

During your clinic visit, a nurse will confirm you are pregnant and ask you if you would like to be registered. Don't be afraid to ask questions.



How do I join
MomConnect?

If you are unsure about joining and would like to think about it, ask a nurse to help you register on your next visit.



How do I join
MomConnect?

You can also help
pregnant friends and
family* to join on their
phones by dialling
*134*550#.

* Remember you need to complete your registration
to MomConnect at your next clinic visit.



What information do I need to join?

You need:
Your due date,
ID Number, passport
number or date of birth,
& language*.

* You can choose to join in English, Zulu, Sotho, Xhosa, Setswana or Afrikaans. All your information will be kept safe.

I.D. No. 840706 0004 081

30.04.2015

Zulu

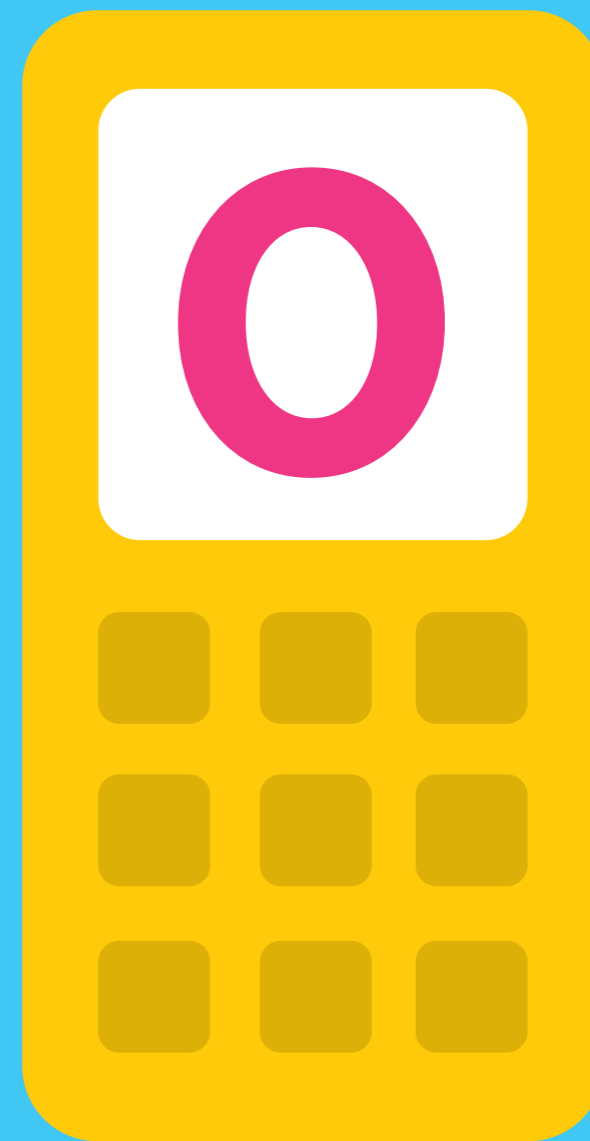
1

2

3

What will
this cost
me?

Nothing. It's free to all moms on any phone and network, across South Africa. You will never be charged for getting or sending SMSs or for dialing into the *134*550# line.



What if I don't want to receive messages anymore?

You can opt-out by simply dialing *134*550*1#. Please tell us why you don't want to receive messages anymore so that we can support you further and improve our service.



What happens
after I have
my baby?

If you've had your baby, congratulations on being a mother! Reply "baby" to any SMS from MomConnect to start receiving SMSs* about caring for your baby.

* They will last until your baby is 1.





Sisonke
Mom

