

# Sisonke Mom

To get started send

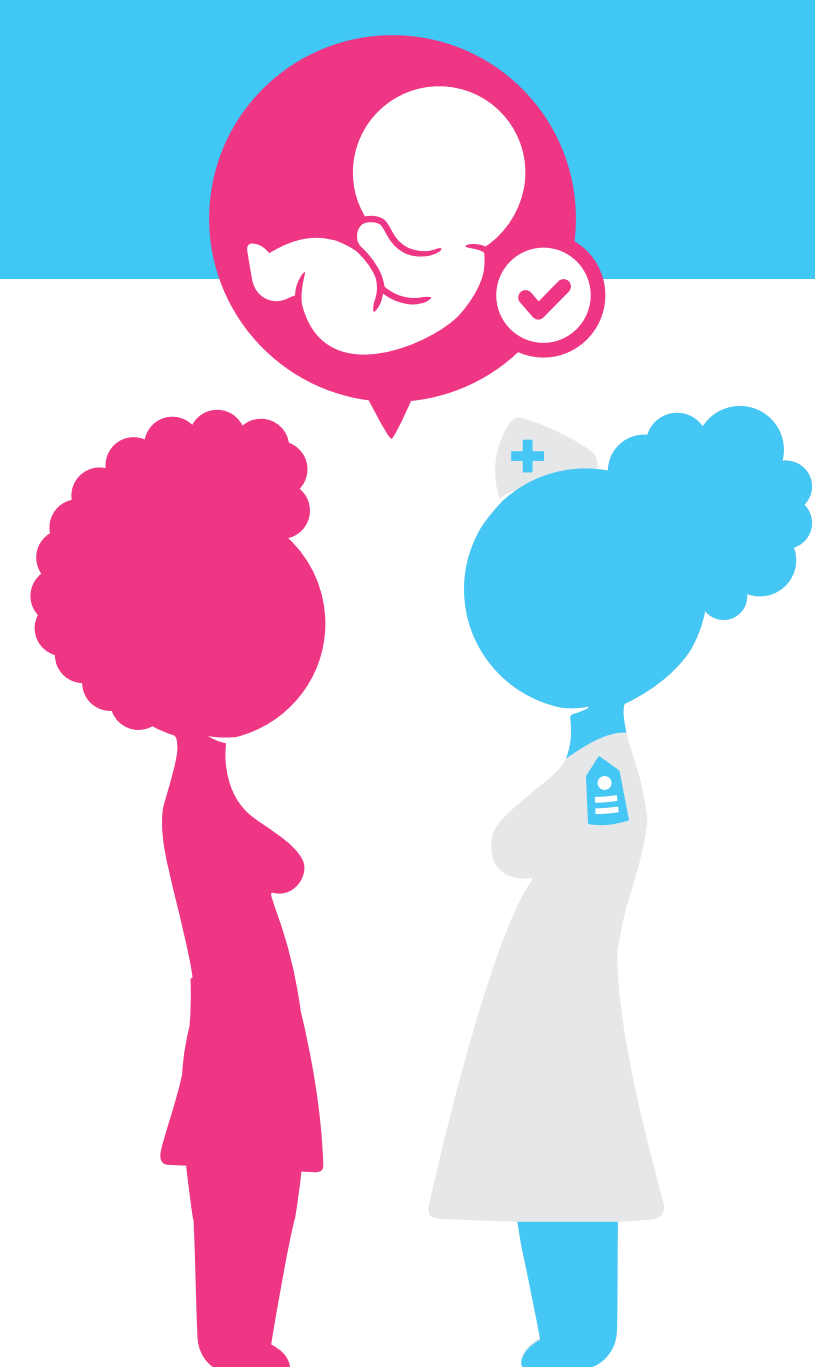
**“JOIN”** to 079 631 2456  
on WhatsApp or dial  
**\*134\*550\*2#**

To opt out reply STOP to any message.

**momconnect**  
is here to help!

You'll get messages to help with your pregnancy, and answers to all your questions. Join our community – it's free and we're here to support you.

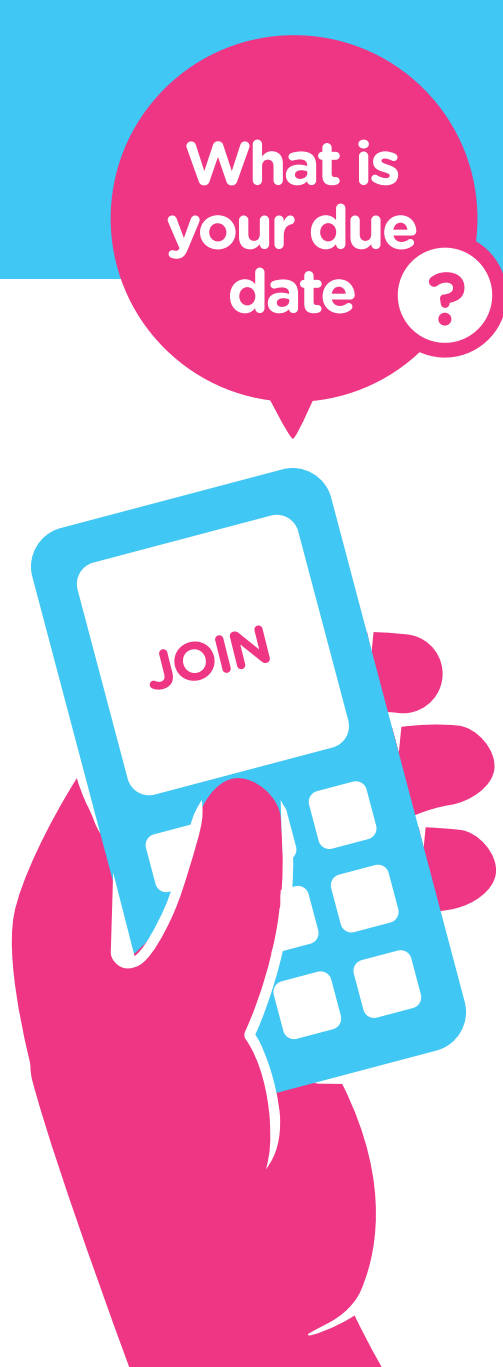
**Clinic Code:**



**1** Ask a nurse to confirm you are pregnant.



**2** A nurse will give you a clinic code and help you register.



**3** Answer a few simple questions about your pregnancy.



**4** And you're registered – welcome to the family!



**health**  
Department:  
Health  
REPUBLIC OF SOUTH AFRICA

**momconnect**