



SAFE PREPARATION OF CHICKEN AND EGGS



- Wash hands thoroughly after handling raw chicken
- Defrost / thaw chicken thoroughly before cooking
- Prevent contact between raw chicken and other prepared foods
- Cook chicken very well
- Cook / fry eggs until the yolk and white are firm
- Boil eggs thoroughly
- Reheat stored food containing eggs thoroughly
- Avoid eating raw eggs or undercooked foods made with raw eggs
- Avoid cracked eggs

FOR MORE INFORMATION PLEASE CONTACT THE DIRECTORATE: FOOD CONTROL



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Department:
Health
REPUBLIC OF SOUTH AFRICA