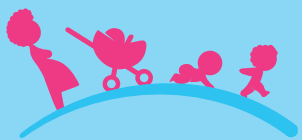


Sisonke Mom

Om te begin stuur
“JOIN” na 079 631 2456
op WhatsApp of skakel
*134*550*2#

Antwoord STOP op enige boodskap om te onttrek.

Gebruik hierdie
kliniek kode
by registrasie.



MomConnect **is hier om te help!**

Jy sal weekliks boodskappe ontvang om jou met die swangerskap te help, ook antwoorde op al jou vrae.

#5MillionMore

Sluit by ons aan – **dit is gratis en ons is hier om jou te ondersteun!**



Vra 'n verpleegkundige om te bevestig dat jy swanger is



Ons help jou om op 'n selfoon te registreer.



Beantwoord enkele eenvoudige vrae oor jou swangerskap.



Jy is nou geregistreer - welkom by ons familie!

Skandeer hierdie QR-kode om te registreer



“Dit is my wens om alle swanger vroue in die land te registreer en julle te help om die gesondste swangerskap te mag hê”

MINISTER VAN GESONDHEID
DR. AARON MOTSOLEDI



health

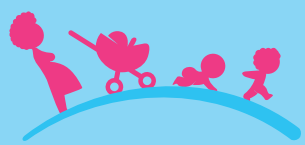
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Sisonke Mom

Ukuqalisa thumela
“JOIN” ku-079 631 2456
kuWhatsApp okanye
ucofe *134*550*2#

Ukuphuma phendula YIMA kuwo nawuphi na umyalezo.

Sebenzisa oku
ikhowudi yekliniki
xa ubhalisa.



MomConnect **iyakwazi ukukunceda!**

Uza kufumana imiyalezo iveki neveki ukukunceda
ngokukhulelwa kwakho, kunye neempendulo kuyo
yonke imibuzo yakho.

#5MillionMore

Zimanye noluntu lwethu – simahla ngokupheleleyo
yaye sizokwazi sikhona ukukuxhasa!



Cela umongikazi
ukungqina
ukuba
ukhulelwe.



Umongikazi uya
kukunika ikhowudi
yasekliniki
kwaye akuncede
ubhalise.



Uthini umhla
wakho
omiseliweyo ?
Phendula
imibuzo embalwa
elula malunga
nokukhulelwa
kwakho.



wena
ibhalisiwe
Ubhaliso
lwenziwe!
Wamkelekile
kusapho.

Skena le khowudi ye-QR ukubhalisa



“Liphupha lam ukubhalisa bonke abasetyhini
abakhulelweyo kwilizwe - nokukunceda ube
nokona kukhulelwa kuphilileyo.”

UMPHATHISWA WEZEMPILO
DR. AARON MOTSOLEDI



health

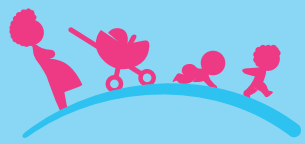
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Sisonke Mom

Ukuze uqalise thumela u-
“JOIN” ku-079 631 2456
ku-WhatsApp noma
shayela u-*134*550*2#

Ukuze uphume phendula MISA kunoma yimuphi umlayezo.

Sebenzisa lokhu
ikhodi yomtholampilo
uma ubhalisa.



MomConnect **uzokusiza!**

Uzothola imiyalezo yamasonto onke ukukusiza
ngokukhulelwa kwakho, kanjalo kuphenduleke nemibuzo
ongaba nayo.

#5MillionMore

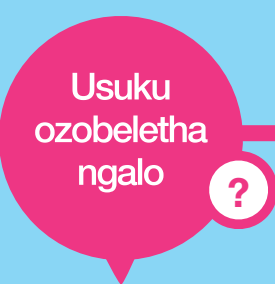
Hlanganyela kumphakathi wethu,
kumahhala - sizokweseka!



Cela unesi
aqinisekise
ukuthi ukhulelwe
ngempela.



Sizokusiza urejiste
kumakhale-
khukhwini.



Phendula
imibuzo embalwa
elula mayelana
nokukhulelwa
kwakho.



Usubhalisile-ke
siyakwemukela
emndenini!

Skena le khodi ye-QR ukuze ubhalise



“Kuyiphupho lami ukubhalisa bonke abesimame
abakhulelwe baleli zwe - nginise nibe nempilo
enhle ngesikhathi nisakhulelwe.”

uNGQONGQOSHE WEZEMPILO
DR. AARON MOTSOLEDI



health

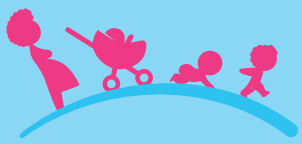
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Sisonke Mom

Ku sungula rhumela
“JOIN” eka 079 631 2456
eka WhatsApp kumbe u
bela riqingho *134*550*2#

Ku opt out hlamula STOP eka message wihi na wihi.

Tirhisa leswi
khodi ya tliniki
loko u tsarisa.



MomConnect **yi kona ku ku pfuna!**

U ta kuma hungu ra vhiki na vhiki ra ku ku pfuna eka
vuyimani bya wena, na ku hlamula swivutiso swa wena
hinkwaswo.

#5MillionMore

Joyina ndyangu hina - **i mahala. Hi kona
ku ku seketela!**



Kombela
muongori ku
tiyisisa leswaku
u tikile.



Muongori u
ta ku nyika
khodi ya tliniki
naswona u ta ku
pfuna ku tsarisa.



Hi rihhi siku
ra wena ro
veleka
Hi rihhi siku
ra wena ro
veleka



Ku tsarisa ku
endliwile! Mi
amukeriwile
endyangwini.

Skena khodi leyi ya QR ku tsarisa



“Norho wa mina i ku tsarisa vavasati hinkwavo lava
nga vayimani etikweni - na ku mi pfuna ku va na
vuyimani lebyi nga na rihanyo lerinene hilaha swi
kotekaka hakona.”

MINISTER OF HEALTH
DR. AARON MOTSOLEDI



health

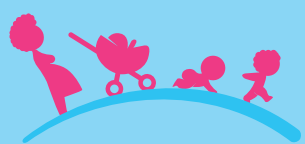
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REPUBLIC OF SOUTH AFRICA

Sisonke Mom

U thoma thoma, ruma
“JOIN” kha 079 631 2456
kha WhatsApp kana u
founela *134*550*2#

U bva kha mulayoni, fhindulani STOP kha mulaedza naho u ufhio.

Shumisa **khodi
ya kliniki** heyi
musi u tshi khou
tanganedza.

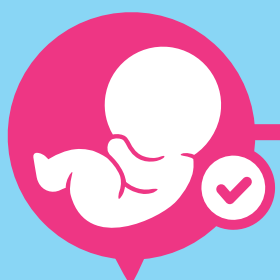


MomConnect **I fhanu u vha thusa!**

Vha do rumelwa milaedza vhege inwe na inwe ya u vha
thusa kha vhuimana havho, khathihi na u wana phindulo
dza mbudziso dzavho dzothe.

#5MillionMore

Kha vha vhe murado wa tshitshavha tshashu, vha
vha murado nga mahala, ri fhanu uri ri vha tikedze.



Kha vha humbele
muongi uri
vha khwathise
uri vhone vha
muimana



Ri do vha thusa
u dinwalisa nga
selefounu.



Kha vha fhindule
mbudziso dzi
si gathi dzi no
kwama vhuimana
havho.



Nangoho vho
dinwalisa - vho
tanganedzwa
mutani uno!

Kha vha fode heyi QR khoutu
uri vha dinwalise.



“Ndi lutamo lwanga u nwalisa vhaimana
vhothe vha lino shango, na u vha thusa uri
vha vhe na vhuimana vhu re na mutakalo
wa nthesa”

MINISTER OF HEALTH
DR. AARON MOTSOALEDI



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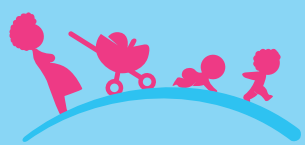
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Sisonke Mom

Kusukuma kusha, thumela
“JOIN” ku 079 631 2456
ku WhatsApp noma
shayela *134*550*2#

Ukuze uphume, phendula UYAME kuwo wonke umlayezo.

Sebentisa leli
khodi yeklinikhi
uma ubhalisa.



MomConnect **ikhona kute kutsi ikusite!**

Utawutfola imilayeto njalo ngeliviki kute ikusite
mayelana nekukhulelwa kwakho, netimphendvulo tayo
yonkhe imibuto yakho.

#5MillionMore

Joyina ummango wetfu - **kumahhala hha futsi
sikhona kute kutsi sikusite!**



Cela nesi
acinisekise
kutsi
ukhulelwe
mbamba.



Sitakusita
kutsi ubhalise
kumakhalekhikhini.



Phendvula imibuto
lelula lembalwa
mayelana
nekukhulelwa
kwakho.



Sewubhalisiwe -
siyakwemukela
kulomnden!

Skena leli khodi ye-QR kutsi ubhalise



“Kuliphupho lami kutsi ngibhalise bonkhe
bomake labakhulelwe kulelive - futsi nginisite
nibe nekukhulelwa lokukahle kakhulu.”

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DR. AARON MOTSOLEDI



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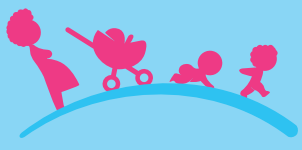
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Sisonke Mom

Go simolola romela
“JOIN” go 079 631 2456
mo WhatsApp kgotsa
letsetsa *134*550*2#

Go kgetlha, fa o nyaka go kgetlha, arabela STOP mo molaong ope.

Se utiliza **kode**
ya kliniki ye go
ngwaga.



MomConnect **re fano go go thusa!**

O tla amogela melaetsa ya beke le beke go go thusa
ka boimana jwa gago, mmogo le dikarabo tsa dipotso
tsothe.

#5MillionMore

Nna tokololo ya lelapa la rona - **ke**
mahala, re fano go go tshegets!



Kopa mooki
go netefatsa
gore o imile



Re tla go thusa
go ikwadisa ka
selefounu.



Letsatsi la
gago la go
belega le
leng

Araba dipotso
di le mmalwa ka
go ima ga gago.



O kwadisitswe
- o amogetswe
mo lelapeng!

Skena khodi ya QR go ngwaga.



“Ke toro ya me go kwadisa basadi botlhe
ba baimana mo nageng-le go go thusa go
nna le mpa e e itekanetseng.”

MINISTER OF HEALTH
DR. AARON MOTSOLEDI



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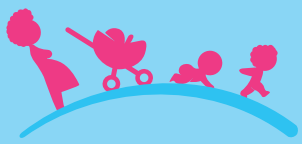
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Sisonke Mom

Ho qala ho romela
“JOIN” ho 079 631 2456
ho WhatsApp kapa u
tsetse *134*550*2#

Ho tsoa, araba STOP ho molaetsa ofe kapa ofe.

Sebelisa sena
khoutu ea tleliniki
ha u ngolisa.



MomConnect **e teng ho o thusa!**

O tla fumana melaetsa hang ka beke ho o thusa ka
boimana ba hao, le ho araba dipotso tsohle tsa hao.

#5MillionMore

Ihokahanye le sehlopha sa rona – **tsena tsohle ke
sesolo. Re teng ho o thusa!**



Kopa mooki
ho netefatsa
hore o imme.



Re tla o thusa
o ngodise ka
selefounu.



Araba dipotso
tse mmalwa tse
bobebe mabapi
le boimana ba
hao.



Jwale o
ngodisitse – o
amohelile
lapeng!

Skena khoutu ena ea QR ho ingolisa



“Ke toro ya ka ho ngodisa basadi bohle
ba baimana naheng - le ho le thusa ho
ba le boimana bo phetseng ka ho fetisisa
kamoo ho ka kgonahalang.”

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DR. AARON MOTSOLEDI



health

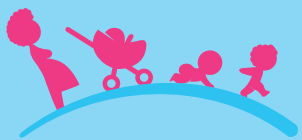
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Sisonke Mom

Go thoma, romela.
“JOIN” go 079 631 2456
mo WhatsApp goba go
fono *134*550*2#

Go kgwešiša, fa o nyaka go emisa, araba STOP mo
molaong o mongwe le o mongwe.

Šomiša **khodi ya
kliniki** ye fa go
ngwaga.



MomConnect **e gona go thuša!**

O tla hwetša melaetša beke le beke go thuša ka boimana
bja gago, le go hwetša dikarabo tša dipotšišo tša gago ka
moka.

#5MillionMore

Eba setho sa rena - **ga e lefelwe, re gona go go
thekga!**



Kgopela
mooki go
tiišetša gore o
imile



Re tla go thuša
go ingwadiša
sellathekeng.



Araba dipotšišo
tše mmalwa
tše bonolo ka
ga boimana bja
gago.



Gomme o
ngwadišitšwe
- o amogetšwe
ka lapeng!

Skana khoutu ye ya QR go ngwaga.



“Ke toro ya ka go ngwadiša basadi ka
moka bao ba imilego ka nageng - le go le
thuša go ba le boimana bjo bo phetšego
gabotse ka fao go kgonagalago.”

MINISTER OF HEALTH
DR. AARON MOTSOLEDI



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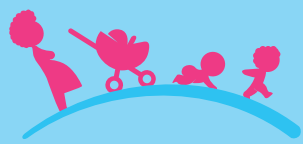
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Sisonke Mom

Ukuze uqale, thumela
“JOIN” Thumela ku-079
631 2456 ku-WhatsApp
noma shayela *134*550*2#

Ukukhetha ukungabambeleli, phendula STOP kuyo yonke imilayezo.

Sebenzisa le **khodi yeclinic** lapho ubhalisela.

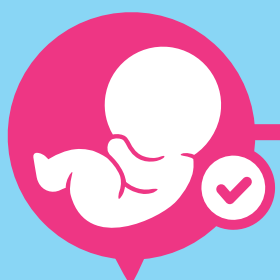


Ikhona i - MomConnect izokusiza!

Uzakuthola imilayezo qobe ngeveke ezokusiza ngokuba sidisi kwakho, kuphenduleke nayo yoke imibuzo yakho.

#5MillionMore

Joyina umphakathi wethu - **kusimahla silapha ukuzokusekela!**



Bawa inesi
bonyana likuhlale
ukuqinisekisa
bonyana usidisi.



Sizakusiza
ukutlola
kufunjathwako.



Phendula
imibuzo embalwa
ephathelene
nokuba sidisi
kwakho.



Sewutlolisile -
wamukelekile
emndenini!

Skena le QR code ukuze ubhalise.



“Kulibhudango lami bonyana ngitlolise boke abafazi abasidisi enarheni - nginisize bonyana niphile kuhle ngesikhathi nisidisi.”

MINISTER OF HEALTH
DR. AARON MOTSOLEDI



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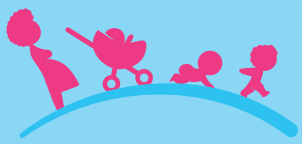
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Sisonke Mom

To get started send
“JOIN” to 079 631 2456
on WhatsApp or dial
***134*550*2#**

To opt out reply STOP to any message.

Use this
clinic code
when registering.



MomConnect **is here to help!**

You'll get messages to help with your pregnancy, and answers to all your questions.

#5MillionMore

Join our community – **it's free and we're here to support you.**



Ask a nurse to confirm you are pregnant.



A nurse will give you a clinic code and help you register.

What is your due date ?

Answer a few simple questions about your pregnancy.

You're registered ✓

Registration done! Welcome to the family.

Scan this QR code to register



“It is my dream to register all pregnant women in the country – and help you have the healthiest possible pregnancy.”

MINISTER OF HEALTH
DR. AARON MOTSOLEDI



health

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