health
Department:
Health
REPUBLIC OF SOUTH AFRICA

2030 NDP

Date: 6 November 2026 Ref: 2026/11/06/EDP2

DETAILS	TOPIC	Contact
Ms Derusha Frank Dr Jane Riddin	**Management of Polyendocrine Metabolic Ovarian Syndrome (PMOS)**	Derusha Frank E-mail: derusha.frank@health.gov.za Jane Riddin Email: jane.riddin@health.gov.za

NOTICE OF REQUEST FOR COMMENT ON THE STANDARD TREATMENT GUIDELINES (STGs) FOR THE MANAGEMENT OF POLYENDOCRINE METABOLIC OVARIAN SYNDROME FOR THE PRIMARY HEALTH CARE AND ADULT HOSPITAL LEVELS OF CARE

The ministerially appointed National Essential Medicines List Committee (NEMLC) invites comment on the draft STGs for the management of Polyendocrine Metabolic Ovarian Syndrome (PMOS). This review forms part of the prioritised review topics for the NEMLC 2025-2029 review cycle. The following STGs for the Primary Health Care and Adult Hospital Level are applicable, and comments are invited on the draft guidance. ***These are new STGs and will be included in the applicable Endocrine Conditions/Disorders STG chapters***. The associated technical review document, and the NEMLC reports are included for additional information.

Level of care	Chapter and Section
Primary Health Care (PHC) Level	**PHC Chapter 9,** Endocrine Conditions; **Section 9.8:** Polyendocrine Metabolic Ovarian Syndrome (PMOS)
Adult Hospital Level (HL)	**Adult HL Chapter 8,** Endocrine Disorders; **Section 8.19:** Polyendocrine Metabolic Ovarian Syndrome (PMOS)

The STGs and EML are designated by level of care and are intended to guide clinicians providing care at each level; to promote access to essential medicines and to manage common conditions at the respective levels of care.

Kindly circulate this invitation to comment to relevant healthcare professionals at your institutions. Constructive comment regarding the **identification of major errors, areas of misalignment or where updates are required**, will be appreciated. Please include a short motivation to substantiate any comment made.

Kindly submit all comments by **6 December 2026.**

Comments may be submitted *via* e-mail to:

Derusha Frank
E-mail: derusha.frank@health.gov.za
AND
Jane Riddin
Email: jane.riddin@health.gov.za

Your comment and technical input are encouraged and appreciated.

Kind regards

Professor Marc Blockman Digitally signed by Professor Marc Blockman Date: 2026.11.09 12:27:25 +02'00'

PROF M BLOCKMAN
CO-CHAIRPERSON: NATIONAL ESSENTIAL MEDICINES LIST COMMITTEE (NEMLC)
DATE: 9 NOVEMBER 2026

DR R DE WAAL
CO-CHAIRPERSON: NATIONAL ESSENTIAL MEDICINES LIST COMMITTEE (NEMLC)
DATE: 6 NOVEMBER 2026