MEDIA ADVISORY

To: Editors & Health Journalists
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Health Minister to lead World Diabetes Day Commemorations

Pretoria: Health Minister Dr Aaron Motsoaledi accompanied by Gauteng Health MEC Ms Faith Mazibuko will lead this year's World Diabetes Day Commemoration to create awareness and educate the public about the disease, encourage the public to engage in physical activities like walking and practise healthy lifestyle as well as Intensify health screening services

Non-communicable diseases (NCDs) are leading causes of mortality, morbidity and disability in our country, and carry huge costs to patients, families, communities, the health system and the economy at large.

Diabetes condition is a result of the body's high blood sugar (glucose) levels and the body's inability to use insulin to regulate the sugar. Symptoms of diabetes include frequent urination, increased thirst, persistent fatigue, blurred vision and weight change.

During the commemoration, the department will engage the community in physical activities that include health walk and gymnastics. About 1000 community members are expected to attend**.**

The Theme for this year's World Diabetes Day is **"Early action on diabetes"**

Details of the event are as follows:

Date: 13 November 2026
Time: 08h00 - 16h00
Venue: Tshwelopele (Esqongweni) Sports Ground, Tembisa, Ekurhuleni (Next To Endayeni Taxi Rank, Dan Nkabinde Drive & Himalaya Street, Entshonalanga

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